OVERVIEW



1. Ethernet (RJ-45)	6. Power connector
2. USB-C 3.2 Gen 2	7. USB 3.2 Gen 1
3. HDMI 2.1	8. Thunderbolt 4
4. USB 3.2 Gen 1	9. Headphone / microphone combo jack (3.5mm)
5. USB 3.2 Gen 1 (Always On)	10. USB 3.2 Gen 1

PERFORMANCE

Processor

Processor Family

13th Generation Intel[®] Core™ i7 / i9 Processor

Processor

Ρ	Processor Name	Cores Threads		Base Frequency	Max Frequency	Cache	Processor Graphics
	e i9- 00HX	24 (8 P-core + 16 E-core)	32	P-core 2.2GHz / E-core 1.6GHz	P-core 5.4GHz / E-core 3.9GHz	36MB	Intel® UHD Graphics

Operating System

- Operating System**
- Windows® 11 Pro
- Windows® 11 Home
- Windows® 11 Home Single Language
- No preload operating system

Graphics

Graphics**

Graphics	Туре	Memory	Boost Clock	TGP	Key Features
NVIDIA® GeForce RTX™ 4080 Laptop GPU	Discrete	12GB GDDR6	2280 MHz	175W	Advanced Optimus, DLSS 3.5, Dynamic Boost 2.0, VR ready, DirectX® 12 Ultimate
NVIDIA® GeForce RTX™ 4090 Laptop GPU	Discrete	16GB GDDR6	2040 MHz	175W	Advanced Optimus, DLSS 3.5, Dynamic Boost 2.0, VR ready, DirectX® 12 Ultimate

Monitor Support

Monitor Support

Supports up to 4 independent displays (native display and 3 external monitors via HDMI® and USB-C®)

- HDMI $^{\!\!\rm s}$ supports up to 4K@60Hz

- \bullet USB-C* supports up to 4K@60Hz
- Thunderbolt[™] supports up to 4K@60Hz

Chipset

Chipset

Intel[®] HM770 chipset

Memory

Max Memory^[1]

- Up to 32GB DDR5-4800 offering
- Up to 32GB DDR5-5600 offering

Memory Slots

Two DDR5 SO-DIMM slots, dual-channel capable

Memory Type**

- DDR5-4800^[2]
- DDR5-5600

Notes:

- [1] The max memory is based on the test results with current Lenovo[®] memory offerings.
- [2] Installed memory is actually DDR5-5600 but may run as DDR5-4800 due to processor limitation.

Storage

Storage Support^[1]

Up to two drives, 2x M.2 SSD

Lenovo

• M.2 2280 SSD up to 1TB each

Storage Slot

Two M.2 2280 PCIe® 4.0 x4 slots

Storage Type

Disk Type	Interface	Offering
M.2 2280 SSD	PCIe® NVMe®, PCIe® 4.0 x4	512GB / 1TB

Notes:

[1] The storage capacity supported is based on the test results with current Lenovo® storage offerings.

Removable Storage

Optical

None

Card Reader

No card reader

Multi-Media

Audio Chip

High Definition (HD) Audio, Realtek® ALC3306 codec

Speakers

Stereo speakers (super linear speaker), 2W x2, audio by HARMAN, optimized with Nahimic Audio, Smart Amplifier (AMP)

Microphone

Dual-microphone array

Camera**

- HD 720p, with E-shutter, fixed focus
- FHD 1080p, with E-shutter, fixed focus

Battery

Battery**

- 80Wh Rechargeable Li-ion Battery, supports Super Rapid Charge Pro (10min charge 0~40% capacity, 30min charge 0~80% capacity, 60min charge 0~100% capacity)
- 99.9Wh Rechargeable Li-ion Battery, supports Super Rapid Charge (10min charge 0~30% capacity, 30min charge 0~70% capacity, 80min charge 0~100% capacity)

Max Battery Life^[1]

- Models with 80Wh battery: MobileMark[®] 2018: 4.5 hr Local video (1080p) playback@150nits: 5.8 hr
 Models with 99.9Wh battery:
- MobileMark® 2018: 4.4 hr Local video (1080p) playback@150nits: 5.5 hr

Notes:

[1] All battery life claims are approximate maximum and based on results using the MobileMark[®] 2014, MobileMark[®] 2018, MobileMark[®] 25, MobileMark[®] 30, JEITA 2.0, JEITA 3.0, continuous 1080p video playback (with 150nits brightness and default volume level) or Google Power Load Test (PLT) battery-life benchmark tests. Actual battery life will vary depending on many factors such as product configuration and usage, software use, wireless functionality, power management settings, and screen brightness. The maximum capacity of the battery will decrease with time and use.

Power Adapter

Power Adapter

330W slim tip tiny GaN (3-pin) AC adapter, 100-240V, 50-60Hz

Special Features

Special Features

- AI Chip: LA2-Q^[1]
- Legion Coldfront 5.0 cooling system

Notes:

[1] This chip powers Lenovo[®] AI Engine+, which uses software-based machine learning via its Lenovo[®] Vantage software to monitor in-game frame rates and adjust the internal components to target the highest performance.

DESIGN

Display

Display^[1]

Size	Resolution	Touch	Туре	Brightness	Surface	Aspect Ratio	Contrast Ratio	Color Gamut	Refresh Rate	Viewing Angle (L/R/U/D)	Key Features
16″	WQXGA (2560x1600)	None	IPS	500nits	Anti- glare	16:10	1200:1	100% sRGB	240Hz	89° / 89° / 89° / 89°	DisplayHDR [™] 400, Dolby Vision®, NVIDIA® G-SYNC®, Advanced Optimus support, TÜV Low Blue Light, TÜV High Gaming Performance

Color Calibration

X-Rite® factory color calibration

Touchscreen

Non-touch

Notes:

[1] IPS (in-plane switching) technology may refer to IPS, PLS, ADS, AHVA, AAS.

Input Device

Pen

No support

Keyboard

6-row, multimedia Fn keys, numeric keypad

Keyboard Backlight**

- Per-key RGB backlight (with lighting lens on the front side)
- White backlight

Touchpad

Buttonless Mylar[®] surface multi-touch touchpad, 75 x 120 mm (2.95 x 4.72 inches)

Mechanical

Dimensions (WxDxH)[1]

363.4 x 263.55 x 21.97-25.9 mm (14.31 x 10.38 x 0.86-1.02 inches)

Weight^[2]

Less than 2.8 kg (6.17 lbs)

Case Color

- Onyx grey
- Surface Treatment

Anodizing

Case Material

Aluminium (top), aluminium (bottom)

System Lighting

RGB lighting on power button

Notes:

[1] The system dimensions may vary depending on configurations.

[2] The system weight is approximate and based on results in Lenovo[®] lab, which varies depending on the source of component, variance of the distribution of each component, and manufacturing process. It may not be the exact weight for each specific model.

CONNECTIVITY

Network

WLAN + Bluetooth®**[1][2]

- Wi-Fi[®] 6E, 802.11ax 2x2 Wi-Fi[®] + Bluetooth[®] 5.3, M.2 card
- Intel® Killer Wi-Fi® 6E AX1675i, 802.11ax 2x2 Wi-Fi® + Bluetooth® 5.3, M.2 Card

WWAN

No support

Ethernet^[3]

Gigabit Ethernet, 1x RJ-45, supports Wake-on-LAN

Notes:

[1] Bluetooth[®] may operate at a lower version than hardware design depending on the factors such as operating system, driver, etc.

[2] Wi-Fi[®] 6E full features might be limited by country-level restrictions.

6GHz Wi-Fi® 6E operation is dependent on the support of the operating system, routers/APs/Gateways that support Wi-Fi® 6E, and the regional regulatory certifications & spectrum allocation.

Bluetooth[®] 5.3 operation requires Windows[®] 11. For more information please visit <u>General Bluetooth[®] Support Information</u> <u>on Microsoft[®]</u>.

[3] Wake-on-LAN needs the power adapter plugged in.

Ports^{III}

Standard Ports

- 1x USB 3.2 Gen 1 (Always On)
- 3x USB 3.2 Gen 1
- 1x USB-C[®] 3.2 Gen 2 (support data transfer, Lenovo[®] Power Delivery 140W and DisplayPort[™] 1.4)^[2]
- 1x Thunderbolt[™] 4 / USB4[®] 40Gbps (support data transfer, Power Delivery and DisplayPort[™] 1.4)
- 1x HDMI[®] 2.1, up to 8K/60Hz
- 1x Headphone / microphone combo jack (3.5mm)
- 1x Ethernet (RJ-45)
- 1x Power connector

Notes:

[1] The transfer speed of following ports will vary and, depending on many factors, such as the processing speed of the host device, file attributes and other factors related to system configuration and your operating environment, will be slower than theoretical speed.

USB 2.0: 480 Mbit/s;

USB 3.2 Gen 1 (SuperSpeed USB 5Gbps, formerly USB 3.0 / USB 3.1 Gen 1): 5 Gbit/s;

USB 3.2 Gen 2 (SuperSpeed USB 10Gbps, formerly USB 3.1 Gen 2): 10 Gbit/s;

USB4[®] 20Gbps / USB 3.2 Gen 2x2 (SuperSpeed USB 20Gbps): 20 Gbit/s;

USB4[®] 40Gbps (USB 40Gbps): 40 Gbit/s;

Thunderbolt[™] 3/4: 40 Gbit/s.

[2] PD 140W is the input power and requires the use of Lenovo® unique adapter, otherwise it may support lower than 140W.

SECURITY & PRIVACY

Security

Security Chip

Firmware TPM 2.0 integrated in chipset

Fingerprint Reader

BIOS Security

- Administrator password
- Hard disk password
- Power-on password
- Self-healing BIOS

Other Security

E-shutter

SERVICE

Warranty

Base Warranty**

- 1-year courier or carry-in service
- 1-year courier or carry-in with 2-year system board service (Korea only)
- 2-year (1-yr battery) courier or carry-in service
- 3-year (1-yr battery) courier or carry-in service

ACCESSORIES

Bundled Accessories

Bundled Accessories^[1]

- 4 switchable keycaps and easy tool
- None

Notes:

[1] For more compatible accessory solutions, please visit Accessories for Legion Pro 7 16IRX8H

OPERATING REQUIREMENTS

Operating Environment

Temperature^[1]

- At altitudes up to 2438 m (8,000 ft)
 - Operating: 5°C to 35°C (41°F to 95°F)
 - Storage: 5°C to 43°C (41°F to 109°F)
- At altitudes above 2438 m (8,000 ft)
- Maximum temperature when operating under the unpressurized condition: 31.3°C (88°F)

Relative Humidity

- Operating: 8% to 95% at wet-bulb temperature 23°C (73°F)
- Storage: 5% to 95% at wet-bulb temperature 27°C (81°F)

Altitude

Maximum altitude (without pressurization): 3048 m (10,000 ft)

Notes:

[1] When you charge the battery, its temperature must be no lower than 10°C (50°F).

CERTIFICATIONS

Green Certifications^{III}

Green Certifications

- ErP Lot 3
- RoHS compliant

Notes:

[1] The items listed under the "Green Certifications" section may not only refer to certification but also registration or self-

Lenovo

declaration. For ESG & regulatory compliance documents, please visit https://compliance.lenovo.com.

Other Certifications

Other Certifications

- TÜV Rheinland[®] High Gaming Performance
- TÜV Rheinland[®] Low Blue Light (Hardware Solution)
- Feature with ** means that only one option listed under the feature can be configured on selected models. Please refer to the model configuration for specific information.
- Lenovo reserves the right to change specifications or other product information without notice. Lenovo is not
 responsible for photographic or typographical errors. LENOVO PROVIDES THIS PUBLICATION "AS IS,"
 WITHOUT WARRANTY OF ANY KIND, EITHER EXPRESS OR IMPLIED, INCLUDING THE IMPLIED WARRANTIES
 OF MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE. Some jurisdictions do not allow
 disclaimer of express or implied warranties in certain transactions, therefore this disclaimer may not apply to
 you.
- The specifications on this page may not be available in all regions, and may be changed or updated without notice.











